	Jasper County - Health Improvement Plan						
	2019 CHNA Health Needs Tactics (7/1/2019 - 6/30/2024)						
	CHNA Health Areas of Need and Goals  Mental Health (Diagnosis,	Т	"Specific Actions" to Address Community Health Need Increase visibility and awareness of qualified local	Identified "Lead" Central Iowa	Identified Partners Jasper County Substance Abuse and	Timeframe Ongoing	
1	Treatment, Aftercare)	а	providers in the community for assessment and treating crisis mental illness - monthly meetings to plan and promote.	Community Services (CICS)	Mental Health Coalition, MercyOne Newton Medical Center, YMCA, Jasper County Health Dept		
	Goal: Increase visibility and awareness of mental health services in Jasper County.	b	Bring virtual reality training to MercyOne Newton Medical Center on "what is a mental health crisis."	CICS	Jasper County Health Dept , Jasper County Substance Abuse &Mental Health Coalition, MercyOne Newton	by 1/30/2021	
	Goal: Increase options for after-hours service for mental health	С	Conduct a promotional/PR/Marketing campaign identifying mental health treatment options - 1 per quarter.	CICS	Enforcement, Jasper County Health Dept	by 6/30/2024	
	Goal: Investigate synchronizing mobile response after discharge from ED participation	d	Investigate 23-hour observation and develop referral form for Mental health follow-up care to place in ED for providers.	MercyOne Newton Medical Center	Jasper County Health Dept , YMCA, CICS, Apollo Medical Group, Capstone	Ongoing	
		е	Educate ED physicians and staff on the services of mobile response with appropriate educational material.	CICS	Jasper County Health Dept, YMCA, Law Enforcement, MercyOne Newton	by 6/30/2020	
		f	Educate 5 Newton Clinic physicians on mental health services on integrated care and options for treatment and follow up by 6/20/19.	CICS	MercyOne Newton Medical Center,	by 6/30/2020	
		g	Explore Tele-psych services and understand reimbursement.	Medical Center	MercyOne Newton Medical Center	TBD	
		h	Conduct investigation of the # of homeless individuals and potential resources for Jasper County individuals.	TBD- Salvation Army?	TBD	TBD	
2	Substance Abuse (Opioids / Meth / Marijuana)	а	Conduct classes to educate Emergency department physicians and Newton Clinic physicians on CDC Guidelines for Opioid Prescription and SAMSA opioid overdose toolkit.		Jasper County Health Dept , Jasper County Substance Abuse &Mental Health Coalition, MercyOne Newton	by 6/30/2021	
		b	Provide ED providers access to PMP and decreasing # of prescriptions; educate new ED manager on tracking.	EFR	CICS, Employee and Family Resources	Ongoing	
	Goal: Reduce over prescription and utilization of opioid medications.	С	Hospital will orchestrate meeting and discussion between Pain Specialist and local Newton Clinic physicians, regarding alternate pain services and/or opioid epidemic.	Medical Center		by 6/30/2020	
	Goal: Prevention and Education to communities and schools on substance abuse.	d	Hold Life Skills sessions for 9th/10th graders (10 sessions of life skills&substance abuse education, evidence-based).	EFR	Health Coalition of Jasper County	by 6/30/2021	
	Goal: Merge the substance abuse coalition group into the Mental health coalition group and continue to hold joint monthly meetings	е	Carry out specialized presentation(s) to all school districts in the county.		Dept, Jasper Co. Substance Abuse & Mental Health Coalition	by 6/30/2024	
		f	Implement and carry out Jasper County Safe Kids program.	Jasper Co.Health Dept	School(s)	ongoing	

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	CHNA Health Areas of Need and Goals	Т	"Specific Actions" to Address Community Health Need	Identified "Lead"	Identified Partners	Timeframe					
•	Obesity (Nutrition / Exercise)	а	Implement (and educate) financial assistance program to Capstone, Optimae, Progress Industries clients to help lower income individuals have access to exercise opportunities.	YMCA	YMCA, Capstone, Optimae, Progress Industries	Ongoing					
	Goal: Encourage exercise participation in community to improve mental health.	b	Promote and provide healthy food and exercise prevention options and programs (i.e. Summer food program, afterschool activities, education).	City of Newton	Rockefeller Grant/Univ. of Iowa/Grinnell College, MercyOne Newton, Hy-Vee, YMCA	by 6/30/2024					
	Goal: Increase healthy food selection and exercise prevention options/programs to individuals of all ages, but especially the youth.	С	Investigate Diabetes Prevention Program (DPP).	YMCA	MercyOne Newton Medical Center	by 6/30/2020					
		d	Investigate a Live Well center.	Jasper County Board of Supervisors	Nonprofits and community agencies, Jasper County Health Dept, VA, DHS	6/30/2024					
		e.	Hospital will participate in meetings around Newton Community Health Partnership - quarterly meetings.	MercyOne Newton Medical Center	Rockefeller Grant/Univ. of Iowa/Grinnell College, MercyOne Newton, Hy-Vee, YMCA	Ongoing					

## For additional information about this plan, CONTACT:

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